



FL! THE EARTH



3RS Guide and Safety Book 2021

Edition 1.0



These are the most important details in setting up and using the harness that you must take in serious consideration before purchasing or flying the 3RS.

**Disregarding these instructions may cause
SERIOUS INJURY OR DEATH!!!**

I. Installation of the BASE and RESCUE parachutes.



1. Installation of Bottom (Right) Reserve Parachute

1. Installation of Bottom Reserve Parachute

*We recommend light Rogalos (X-Dream Fly or Beamer 3 would be the best choice). The parachute size must correspond to the size of the harness. M harness size would suggest a parachute range from XS to M or a parachute maximum to 130 kilos load.

*We recommend repacking your rescue parachute in our custom containers that come with your harness.

1. Fold your parachute in our custom container.

2. Install the handle facing the opening.



!!! Lines must be positioned on the bottom side of the harness pointing outwards.

1. Installation of Bottom Reserve Parachute



3. Bring the zipper mechanism from the shoulders down to the container and feed the bridles trough.



4. Continue feeding the bridles under the zipper mechanism and connect to the NEAREST shoulder attachment points with a soft link.

5. Feed neatly the bridles along with the handles in the routing



1. Installation of Bottom Reserve Parachute

6a. Close the zippers from the container in direction to the shoulders.



1. Installation of Bottom Reserve Parachute



6b. Bring the mechanisms to the end.



1. Installation of Bottom Reserve Parachute



6c. Tuck the mechanism ends neatly in the dedicated pockets.



*Keep the rooting neat on both sides!

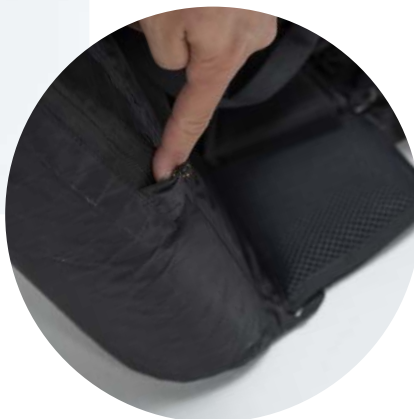
1. Installation of Bottom Reserve Parachute



7a. Dress the routing neatly and position it under the parachute facing outwards.



7b. Bring the zipper to the red mark and close it all the way back.



1. Installation of Bottom Reserve Parachute



8a. Check if all routing is well positioned. Feed the loop through the hole and close it with the yellow cable.



8b. Close the magnet flap.



2. Installation of Middle (Left) Reserve Parachute

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*We recommend square ultralight or any ultralight parachute.



2. Fold your parachute in our custom container and install the handle on the side.



2. Installation of Middle (Left) Reserve Parachute

3a. Install the handle facing the opening and put the parachute inside.



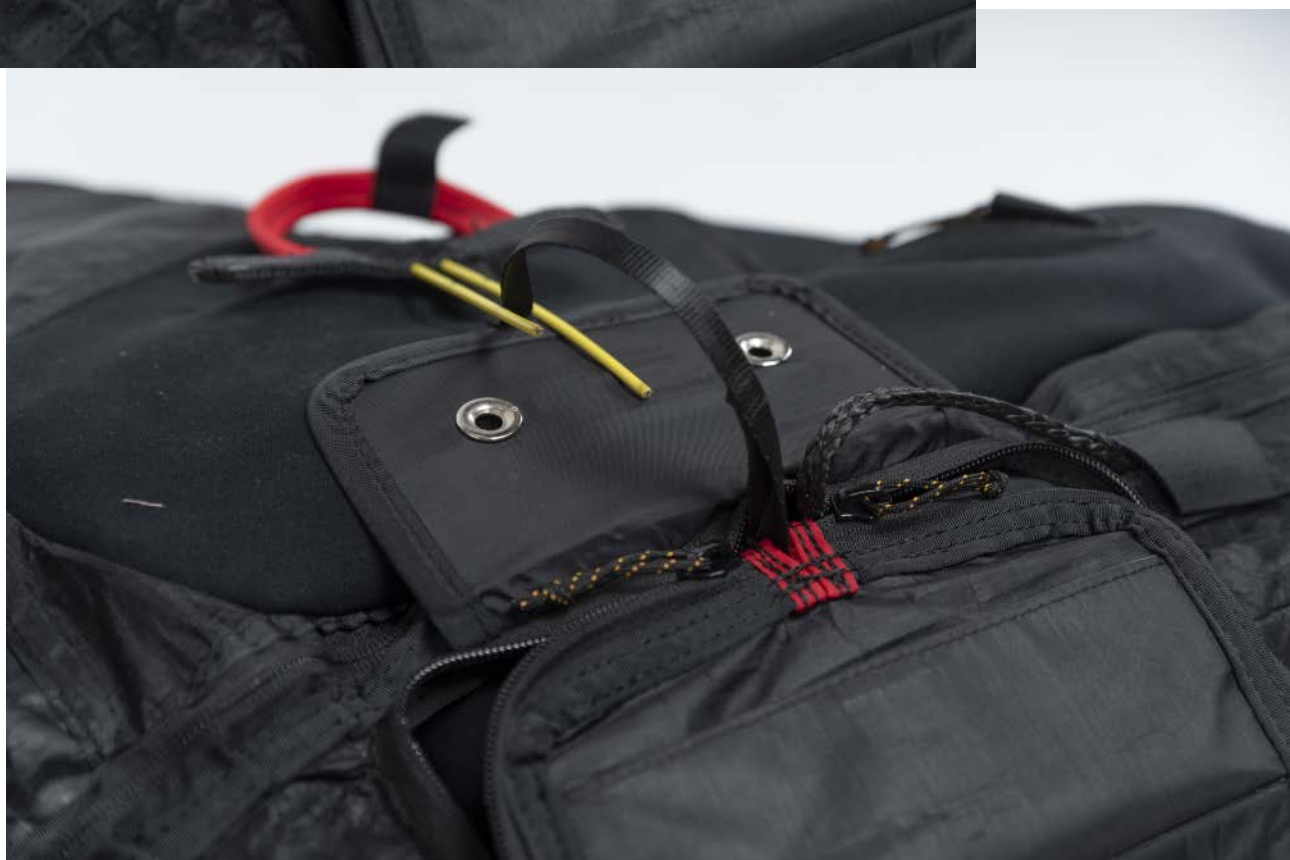
3b. Put the lines neatly under the parachute.

The rest of the lines must be on the INSIDE of the container (touching on the soft padding)



2. Installation of Middle (Left) Reserve Parachute

4. Bring both zippers to the red mark and make sure you have the handle fed in between them.



2. Installation of Middle (Left) Reserve Parachute



5. Start closing the zippers along the routing.



*Keep it nice and clean

2. Installation of Middle (Left) Reserve Parachute



6a. Tuck the mechanism with the closed zipper end in the dedicated pocket.

6b. Close the flaps nice and neat and secure with the velcro flap.

*On both shoulders!



2. Installation of Middle (Left) Reserve Parachute



7. With the help of two pull up cords feed the loops through the grommets.

*Make sure the
bridle goes
neatly in between
the loops.



2. Installation of Middle (Left) Reserve Parachute



8. Feed trough the yello cable, point the ends indwards and remove the pull up cords.



2. Installation of Middle (Left) Reserve Parachute



9. Make sure everything looks nice and neat.